

Erasmus+ Job shadowing in Mäntsälä, Finland 15.4.-21.4.2024

Hosting institution: Mäntsälän lukio

Guest institution: Istituto d'Istruzione Superiore "E. Fermi", Catanzaro, Italy



Arrival: Mon April 15th, 21:55 (Helsinki-Vantaa airport)

Departure: Sun April 21st, 11:05 (Helsinki-Vantaa airport)

Welcoming and visiting the school premises, general introduction: Tue 16th 8.30-9.30



Suggested programme:

	Tue	Wedn	Thu	Fri
8.25-9.40	Welcoming	Finnish/Biology/Chemistry	Mathematics/Biology	
9.55-11.10	Finnish/Geography/Chemistry	Finnish/Geography/Chemistry	English/Swedish/Physics	Finnish/German/Physics/Biology
11.40-12.55	Finnish/Biology/Chemistry	English/Swedish/Physics	Finnish/Spanish/Psychology/Geopgraphy	Finnish/Biology/Chemistry
13.10-14.25	Finnish/Geography/Physics	Mathematics/Biology	Finnish/German/Physics/Biology	Finnish/Chemistry/Mathematics/Psychology/Geography
14.30-16.00	Possibility to meet a special needs teacher	Possibility to meet a special needs teacher	assistance for doing homework	

Classes of every subject meet three times a week so outside the suggested program the job shadowing colleagues are warmly welcome to observe any classes according to their interest or meet school staff to find out more about Finnish school system in general.

Saturday: a visit to Helsinki (Ateneum art museum, Luomus museum of natural history, some of the most important sights and free time)

Lunch: in the town there are several options for having lunch and the lunch break can be taken at the time that best fits into the daily program.

Free time: to be discussed and planned together. Helsinki and Porvoo are the the most interesting places to visit in the vicinity.



Oodi, Helsinki City Library



The Old Town, Porvoo