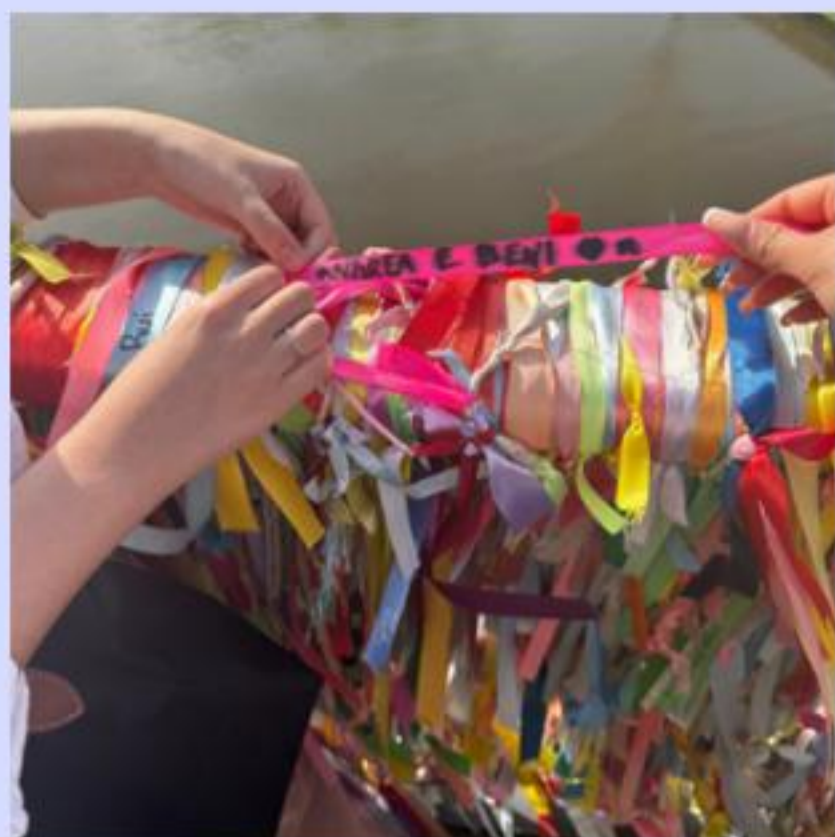


ERASMUS+

Thanks to Erasmus we had an experience that we will not easily forget: individual mobility in Portugal. We spent fifteen days in April studying at the Agrupamento de Escolas de Oliveira do Bairro, in Aveiro. We had the opportunity to learn in an alternative way, promoting the values of inclusion and equality, knowledge of common heritage and European diversity, while improving our English skills. In addition to the cultural and educational experience, we have established good relationships with the host families and maintained those with the students we hosted and who hosted us.





During my unforgettable trip to Portugal, I had the privilege of exploring several fascinating cities and locations, each with its own unique charm and quirks.

Porto, the beautiful city on the Douro River, captured me with its winding alleys, richly decorated house facades and majestic bridge that stands tall. I cannot forget the taste of the famous Port wine, tasted together with my host family.

Aveiro, with its picturesque canals and the traditional colored boats called "moliceiros", and the many bridges with colored bows, which it is traditional to attack on the bridge with friends as I did with Benedita and Lucrezia, made me transported into a fairytale atmosphere. The brightly painted houses along the canals have added a touch of magic to this coastal city.

Oliveira do Bairro, nestled in the Portuguese countryside, offered me an authentic taste of rural life. I appreciated the green expanses of fields and the local traditions that reflect the authenticity and simplicity of this region. Figueira da Foz, with its golden beaches stretching towards the ocean, gave me moments of relaxation and contemplation. The sound of the waves crashing on the coast and the salty air made my experience here unforgettable.

The visit to Barra and Costa Nova was a true feast for the eyes. La Barra, with its impressive lighthouse and vast beaches, gave me a different perspective on the ocean. Costa Nova, with its colorful and lively striped houses, created a joyful and vibrant atmosphere that made my visit a true riot of colors and maritime traditions and here I tried the best tripa in all of Portugal





ANDREA MALETTA