

Progetto finanziato dall'Unione Europea

## NARRATIVE REPORT

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# Erasmus+KA2 <br> "Un homme sain dans un environnement sain" <br> Kolbuszowa, Poland $30^{\text {th }}$ March $-6^{\text {th }}$ April 2019 

Thanks to the "Erasmus+KA2" project, last April I was among the 9 students who had the possibility to visit Poland with 2 teachers of my school and other two groups from Portugal and Romania.
DAY 1
We left from Italy at about 12 p.m. and we arrived in Kolbuszowa, the little city where we were welcomed by our partners, at about 7 p.m.


## DAY 2 Sunday

On Sunday we were free to do what we wanted. In the morning, my host family and I went to the church and then we went in a restaurant where I we ate a typical Polish dish. In the afternoon we went for a walk in the city of Mielec.


## DAY 3 Monday

In the morning we went to school,here we were introduced to the principal and to the mayor. After that we visited the whole building and we were divided into different groups of work. In the afternoon, we stayed at school and participated to others interesting projects and after that we went to the swimming pool. Actually I couldn't go there so with my partner and a few others students, we decided to visit Kolbuszowa in order to see its famous crocodile.


## DAY 4 Tuesday

_On Tuesday we went to the city of Krosno well-known for its production of glass. Here, after we had visited an interesting museum, we had the possibility to create our own plate made of glass.


In the afternoon, on our way back home, we went to a fantastic place where a lot of choccolate is produced and sold!


In the evening, my host family and I went to an Italian restourant where they made me try Pizza.


## DAY 5 Wednesday

Wednesday was probably the busiest day.
In the morning we went to Wieliczka to see the salt mines.


Then, we had lunch in a small restourant in Krakow with some traditional dishes.


After that, we visited Krakow...definitely one of the most beautiful cities I've ever seen!



## DAY 6 Thursday

On Thursday we stayed in Zakopane to visit the mountains.


Then, in the afternoon we went rafting in the river Dunajec which is located on the border between Poland and Slovakia.


Finally, after we had had a walk in Szczawnica, we ate and then we went back home by bus.


## DAY 6 Friday

In the morning we stayed at school where we participated to the project's final ceremony and we were given our certificates.


In the afternoon we went to a small city near the school. Here we were divided into 2 groups: the first one cooked and the second one worked with ceramic


Finally, to conclude in the best way, we ate, we danced and we sang all together.


## DAY 7 Saturday

We left Kolbuszowa at 9 a.m. and arrived home in the evening.
Going to Poland was one of the most beautiful experiences of my life: I made a lot of new friends, I saw plenty of fantastic places, I discovered a new culture and I also improved my English and my French.


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