## **Narrative Report**

## Erasmus+ KA2

"Un homme sain dans un environnement sain"

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I have to say that this exchange in Poland was one of the best experiences thanks to the

beautiful cities and the marvelous people I met. My host family was so lovely and kind, they cooked really well and I appreciated to try their typical food. The visit to Krakow was what I really loved, it's as beautiful as it's described. Also the other activities were interesting, for example Zakopane mountains where I saw the snow and played at snowball with my mates and my teachers too. It was great also because we slept in an hotel for one night to reach easily Krakow. Then we had activities like drawing, cooking, glass work or pool which we made enthusiastically. On Sunday, when we hadn't activities with school, my host partner and my mate's caught us to a shopping center in Rseszow and we



tried a typical donut: the "paczki" and it was sooo delicious! I really appreciate the organization of Kolbuszowa school because they gave us a bag with some presents and every day, on the bus, they bought some





