



# Narrative Report

Erasmus+ KA2

*“Un homme sain dans un environnement sain”*

Narrative report on the learning, training mobility at the Colegiul Național “Lucian Blaga”, Sebeș, Romania

7/10/2018 – 14/10/2018





Thanks to the Erasmus+KA2 project “Un homme sain dans un environnement sain” I had the chance to leave Italy, my beloved country, and fly to Romania with my French and English teachers, some students who had been chosen (like me) and other students who took part in an Etwinning project. There were also polish and portuguese students who were part of this project and that we met there.



**October 7th:** *the day of the departure*



It wasn't my first flight nor my first exchange, so I wasn't nervous at all. On the contrary, I was very excited because I was going to visit a new country that is not so popular among tourists, but that interested me a lot.

We arrived in Bucharest at 6 pm, then we had to catch the bus to Sebeș, where we arrived at 1 am. We were tired, but very happy to meet our partners: we had already met them in September, when they came to Italy and we became very good friends!



**October 8th:** *first day of school*





We went to school at 9 am and visited the classrooms, the yard, the German class and computer lab. Then we received the warm welcome of the headmaster and the Mayor. After that, we have been divided in groups to work on various activities. After we ate in a typical bistro we had a meeting with Emil Zorilă, who talked about wild edible plants. We spent the rest of the evening with our partners, visiting the city and trying typical food.



**October 9th: *the castles***



On Tuesday we visited two castles: the castle of Deva and the castle of Hunyadi. The castle of Deva is situated on a hill that we had to climb: it was tiring, but when we arrived at the top we could see the whole city and, trust me, that was an amazing view. My only fear was the presence of the vipers, but luckily we didn't meet them! Moreover, my French teacher even ate some flowers!

We had lunch at a mall and, before we drove to the castle of Hunyadi, we visited a factory where tea and any types of juices were produced. The castle of Hunyadi was the most beautiful castle I had ever seen. The thing I liked the most was the garden: it was all green, with a river passing through it and a lot of red flowers and leaves!



**October 10th:** *discovering something new...*



In the morning we saw videos and pictures about air, water and soil pollution; then each group had to find a possible solution to the different types of pollution problems and illustrate it on a poster. It was very useful because we needed to use all our imagination!

After that we went to Daia Română, a village near Sebeș, where we first saw a landfill (in fact, in Romania people don't do door to door waste collection); then we had the opportunity to taste homemade typical products and to see how they were made!

We had lunch at home and in the afternoon we went to a very beautiful city: Alba Iulia, where we visited a fortress with wonderful gardens and views.





**October 11th:** *an immersion in Romanian culture*



Thursday was the day that surprised and excited me the most.

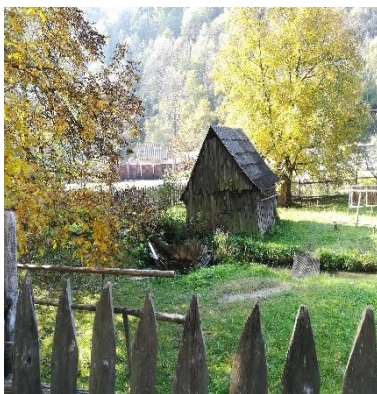
We went 100 metres underground: it was a little cold, but we saw how a hydroelectric plant works! Then we saw for the first time a natural washing machine situated on a little river where people handwashed their rugs!

After that we went to Șugag, where we ate typical romanian food for lunch and visited an Orthodox Church. I found it breathtaking: it was full of colours and paintings with golden ornaments and it really made me fall in love with it!

During the trip back to Sebeș we stopped two or three times to take pictures of the beautiful dams of Transalpina and... well, no words needed for those landscapes.

In the evening our partners organized a party: we had a lot of fun, danced and sang, and at 10 pm the boys also started playing football!

What a lovely time!







**October 12th:** *an eco-day*



Just two weeks earlier if someone had told me that I should have planted a tree somewhere in the hood, I would have laughed so loud.

Well, on Friday, I planted a tree. We went to a forest and with the help of some experts we planted more than 200 trees. It was exciting and immersive, but above all I felt like the nature was one with me. Therefore, the landscapes left me breathless.

In the afternoon we worked on our project and, at the end, italian, polish and portuguese students received a diploma and some gadgets for our participation on the project.



**October 13th: *our last day in Romania***





Well, this was the day when I finally achieved one of my goals: to visit the castle of Count Dracula. I have always loved scary and mysterious stories and legends, but that one was absolutely my favourite. I found the castle very interesting, even if it was a pity that we couldn't visit it well because of the hundred people who were there and the decorations for Halloween.

In the morning we visited another castle that was very interesting, too. We took lots of pictures of it and listened to its history carefully.

Then we had lunch in Braşov, a city which I found very pretty and lovely, and we came back to Sebeş at 8 pm.

Some of the students decided to have dinner together, since it was our last evening there, so I could spend it with my new, awesome friends.



**October 14th:** *coming back home*





I have always hated goodbyes and this was the worst and the best at the same time. It was the worst because I had to leave my friends, which I love so much, and I cried a lot hugging all of them.

It was the best because I left them knowing that I have lived a new amazing experience there and I have learnt a lot of useful and interesting things.

We had to wake up at 3 am to catch the bus and we arrived at the airport in Bucharest at 10 am, then we took the flight at 1.30 pm.

My parents and my little sisters were so happy to see me when I arrived, but I knew that a piece of my heart was in Romania.



## Conclusion

In conclusion, I must say this has been a beautiful experience and I actually have no words to describe how I felt during the whole week.

- ♥ My host family treated me so well and I felt like I was part of it;
- ♥ I had no problems with food and that is strange, but a wonderful thing;
- ♥ I discovered and visited new places and literally fell in love with them!

But, above all, I met new fantastic people who made me understand better what true friendship is, from the girl that hosted me (who was very kind, sweet and lovely) to the silly boy who tried to flirt with every girl there (but he was nice).

With these words I want to say that every country has its stereotypes, but it's not good to have prejudices before visiting it, because what you see there can really surprise you!

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